



Packing List

**No Cell Phones, Beepers, IPOD's or other electronic devices.
We ask that you leave the world behind for a couple of days.**

- Open Mind and Spirit**
- Bible**
- Umbrella/Rain Jacket**
- Jacket or Sweater**
- Comfortable Shoes and Socks**
- Pajamas/Bathrobe**
- Shower Shoes**
- Bed Linens (Twin Bed) or Sleeping Bag**
- Pillow and Blanket**
- Towel**
- Soap/Shampoo/Conditioner**
- Hair Dryer if needed**
- Toothbrush/toothpaste, Cotact Solution, Personal Items**
- Garbage bag for wet or dirty clothes**
- Medicine**
- Clothes:Casual, comfortable. Nothing to "Dress Up" for...**
- Hanger for Clothes**
- Camp chair if you want something for your bedside to sit on while getting dressed**